

An Analytical Study of Study Habits of General and Schedule Caste Students in Present Scenario

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ABSTRACT-

In this rapid changing world of science and technology the study habits of the students are also changing due to the introduction of new gadgets and technology in learning. While some students develops the good study habits and others develop the bad study habits and it is due to the atmosphere they are getting in their home and in school and whether they are look upon carefully by their parents, elder members of family and by the teachers in school or not. A number of other factors like the economic condition, facilities, caste, privileges, behavior of society, availability of resources, atmosphere where they study, good mentors and teachers contribute to the development of the good and bad study habits in the general and sc category students. Also the educational authorities, parents, school counselors and teachers should need to put their hard efforts to inculcate the best study habits in both of these category of students so as to minimize the study habits and learning style differences and gap between them.

Keywords-: Study habits, caste, technology, academic progress, skills.

Introduction-: In this research paper we will focus on the study habits of general and sc students through exploring various things like what are study habits, why they are useful, what are the best study habits, objectives of the study of study habits between general and sc students, its need, barriers, possible solutions and conclusion at the last. So, talking about the study habits, usually they are the behaviour used when preparing for tests and for focusing on learning any academic material like a student who waits until the very last night before an exam and then stays up all night trying to cram the whole information into his head is an example of bad study habits and on the other hand a students who does his studies for exam daily on regular basis is an example of good study habits. **NNEJI (2002) defined study habits as learning tendencies that enable students work better. Study habits and Attitude towards studies have long reaching effect on the academic achievement of student.** These help a student not only to achieve better but also to use his leisure time fruitfully. To accomplish high academic achievement good and healthy study habits and attitude have to be developed. Every student has different study habits according to their way of thinking and behavior to the approach towards their studies. **According to Jack Canfield “ To change bad habits we must study the habits of successful role models”.** Same is the scenario with the study habits to develop the good study habits we need to look towards the study habits of the best students of our class and realize that apart of the facilities they are getting or not, whatever the caste they belong too, no matter whether they are economic good or not or atmosphere of their home or school their will and dedication towards studies help them to develop best study habits. General category students are more prone to gadgets and online teaching stuff then that of

the sc category students who didn't have sufficient resources to make efficient use of online learning resources through the various gadgets. And we all know that our country as well as the whole world is going through the Covid-19 pandemic which had totally disturbed the educational system of all the country as the educational institution were closed long ago keeping in mind the safety and the security of the students coming to school which in turn effected the study habits of these both category students a lot. For example due to this pandemic all the physical classroom teaching is being shifted to online teaching for which students should have mobile, tablets, laptops to get connect with their teachers. Due to this we can see a lot of change in the study habits of both these category of students that we will look over in detail in this research paper.

Objectives of this study-: To find out the similarities and differences in the study habits of general and sc category students and barriers they face in developing good study habits and what are the possible steps and solutions that can be provided to them by all the people and resources available in their area to help them in developing good study habits from early childhood period. We will find out whether these study habits affects the results and academic performance along with job prospects of the students in future or not. To study about the difference between the study habits and skills between the general and schedule caste students in terms of technology and physical work. Also we will understand the similarities and dissimilarities of study habits in general and sc category students. **Fielde (2004) stated that good study habits help the students in critical reflection in skills outcomes such as selecting, analyzing, critiquing and synthesizing. Liu (2005) indicated that study habits were said to be improving because of the advent and wide use of internet, hypertext and multimedia resources which greatly affects the study habits. We will also find out the problems faced by the general and sc category students in developing new study habits due to this covid-19 pandemic prevalent in our country.**

Need of the study of study habits in 21st century -: Karim and Hassan (2006) reported that the exponential growth of digital information, changes the way student perceive studying and with printed materials that are to be use in facilitating study. In the traditional time most of the learning was based on the theoretical concepts and rote memorization but, the time is changing now in the present time period the study depends upon the analyzing, observing and evaluating things after the study which now requires a very practical and realistic approach of study according to the created situation. Thus the study habits of students are also changed now students try to study things deeply, research and find out their own answers to the given problems and different ways to solve a question. They are looking for smart study habits rather than the hard study habits and some of the students are looking for the short cut methods of studies. Like some high general class students without studying much and giving bribe and arranging the exam question papers and to get good marks apart from them the hard study efforts put by the sc class students without having adequate facilities gets setback from them because of the shortcuts they adopted to get better marks in exam. Taking about the academic result the study habits directly contribute to the results given by the students in exams. The students who adopt the good study habits get the best academic scores in comparison to those who doesn't possess good study habits. Moreover it also affects the type of employment and job

these students get in future. Mostly students having good study habits have good professional skills and qualities and they are highly disciplined than the other students and they get attractive and high paying jobs with good designations in companies and organizations than other students who have to search a lot for much and have to work much harder in later stages of life to earn daily necessary income to feed their family. Thus we can say that the good study habits are directly connected to the high academic performance and better job opportunities in future.

Best Study habits for both General and SC students-: The best study habits for both these category of students are set aside a regular time and place to study, concentrate upon one subject or topic at a time and try to cut out the distractions while taking short breaks and refreshments between study hours to keep continuing the study interest. While solving the math and science problems the best way is to understand the problem and then solving it, get additional information from the outside resources like other books, magazines, people, etc. Try to make your own notes and write down the important points of the chapter in a separate notebook to revise it quickly prior the exam day, don't be too much stressed while study because it will lead to anxiety and that will lead to you to feel studies as a burden. Try to develop morning study habit because in morning our mood is fresh and concentration level is high due to healthy and fresh mind. Also try to eat healthy food because healthy food leads to a healthy body and mind which will help you to concentrate better in studying and in acquiring good study habits since childhood. Also there are many open educational resources that are available on the google websites related to study so the best study habits for these both category of students should be studying and exploring the subject topic taught to them in the class through getting deep knowledge by reading the free content available on different websites which will not only increase their knowledge but raise their hidden curiosity about learning unknown things. It can be said that different individual and students have different study habits and same study habits can't be followed by each and every students due to difference in their personality, IQ level and physical strength and their attitude towards studies. It is also relevant that study habits in schedule class students changes at the rapid pace than the general class students because they are much hard working and dedicated and want to change their fortune in future. **According to the report released by United Nations Children Emergency Fund is that only 8.5% of students in India have access to the internet.** By this data we can acknowledge that how many numbers of general as well as sc category students will be suffering to develop new study habits in this covid-19 pandemic due to which all the schools were shifted to online learning and teaching.

Barriers to develop good study habits between General and SC Students-: For the general category students the major barriers to develop good study habits are their high class in society which often makes them careless and arrogant in nature regarding studies, family belonging to rich class, availability of unlimited facilities, both parents working, prone to bad side of technology at a younger age and they are physically less hard working than the schedule caste students and more technology user friendly, use of mobile, laptops for gaming and social media sites which not only effects their health but they lose their interest in studies and aren't able to develop good study habits. On the other hand the major barriers for the schedule caste students be poor economic condition of the family,

neglected from their society, worst caste experiences from early childhood from upper caste people, lack of facilities, earning for a living from childhood and un awareness about the facilities and benefits provided by the government for their growth and upliftment in the society. Moreover other similar barriers for both these castes may be engagement to the bad groups from childhood and teenage which makes them lazy, distracted and attracted for having pleasures in life without doing any hard work and efforts in their studies. They are less technology friendly and more physically strong and hard working in the areas where physical strength is needed to do the task and work. Also the ignorance and lack of awareness of the rural parents and careless attitude of government teachers at government schools didn't helps them changing their bad habits and adopting good study habits when it is really needed in early stages of their life. The other problems of lack of access to the internet and the connectivity issues as well in the online classes. Moreover, the electricity backup also plays a major role in the working of the gadgets as broadband and internet stops working as the electricity gets disconnected and students faces a lot of problems because their concepts related to the topics were not cleared in the online classes due to various connectivity problems.

Possible Steps for both General and SC students to avoid barriers-: The possible steps that could be taken to avoid the barriers in developing good study habits for general and sc category students are their facilities and freedom should be given in a controlled manner. Government school teachers should put up all their efforts to reach to the houses of these sc students and solve all their problems of online learning and teaching in this covid-19 pandemic and help them to find out the new ways of developing new study habits from this online learning. Moreover the general category students could also take this initiative of training their sc category neighbor friends about how to develop new study habits from this online learning and teaching method. Parents and teachers should take care of their behavior and should interrupt in between if they see any negative behavior and practice in their children and students. Their contact to the bad boys company should be avoided as early as possible. Schools should have counselors to develop the feeling of the equality of caste, religion and brotherhood between all the students belonging to general and sc category. Moreover counselors should help out the depressed and neglected students from home and society and should motivate them by saying kind words and develop their interests towards good study habits. Also the government educational officers should visit government schools and check on towards the delivery of education and facilities available for the students there. Awareness campaigns of government schemes and benefits to sc class students should be launched time to time so that the students and their parents should become somewhat aware of the facilities provided by the government for their better education and career. And to deal with the problem of online learning government must assure that the sc students should have enough resources to learn through the online teaching and adopt the study habits of online learning as soon as possible. The telecom operators must make sure that their network issues shouldn't create much hindrances in the internet facilities in the various reasons so that there will be less connectivity issues at the time of online learning and teaching.

Conclusion-: In the end, from this topic of research study we can make a conclusion that there is a huge gap and difference in the study behavior, habits and methodology adopted

by the general and the SC Students due to the life style they live in, facilities they get in their residing places, economic capacity, regional and language barriers they face, problem of reach to the latest technology and making wise use for the study purpose, also, the amount of hard work done by these both category of students. These overall factors majorly contribute to the major differences in the study habits of both general and SC students. We already know that sc students were less aware about the online learning and teaching study habits then that of the general students due to lack of resources and awareness and financial problems. Also taking account of our country most of the population of our country resides in the rural areas where it is very difficult for the sc students to reach out to the good educational services and facilities due to lack of source of income, lack of awareness of the facilities provided by the government, atmosphere of the rural environment, careless rural children groups, and the discrimination that they are facing due to the caste system from many centuries from the general category people doesn't only put impact on elder family members of SC groups but to their children too which in turn make them feel so low and neglected by their own society and they at such a very little age when they should look towards adopting best study habits acquiring various skills and transforming them to perform better in their studies gets prone to the depression and which acts as major hindrance in developing study habits. On the other hand the unnecessary facilities and privileges that are provided and taken by the students of general category students made them too lazy and thus, they are looking for various short cut methods to get good marks and to make their good carrier with the help of money and privileges they have with them. So, the best we can do for these both category of students and for the development of good study habits in them is that the government teachers with the help of Village development Officer and Block Education Officer should help the SC students to get proper and best educational facilities and counselors so that they could bring out the positive attitude among these students towards their and others life. And for general category students their parents along with the school counselors should try to inculcate the importance of hard work keeping aside the privileges they have with them right now so that they shall develop the good study habits and understand should compete better in the 21st century. At last, we can say that a lot of research hasn't being done in this field of study and needed to be done as soon as possible as the world is changing so fast due to advancement of science and technology and so we need to change the study and learning habits of both of our students belonging to the general and SC category so that we could shorten the gap between their study habits and could bring them on same platform. At last we need to understand that it will take time to both general and sc category students to develop new study habits related to online learning and teaching and this will only be possible by the collective efforts of the educators, teachers, parents and principals of the school. The BEO of different districts should also come forward to encourage teachers and guardians to solve this problem of online learning and teaching and helping both general and sc category students to develop new study habits.

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